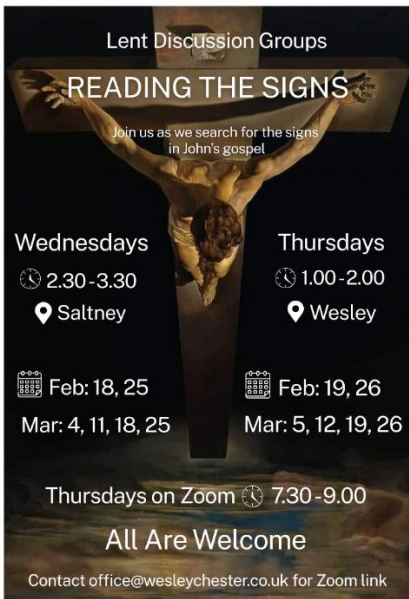


LENT 2026

The following contains details of discussion groups and courses etc around the Circuit this Lent. We hope they will encourage and deepen your own prayer and reflection as we journey towards Holy Week and Easter.

CHESTER AREA

Lent Discussion Groups - 'Reading the Signs'

Rev'd Neil Stacey and Deacon Suzie Sale are leading a series of six Lent discussions to be held weekly throughout Lent. We'll be looking at the gospel of John and asking, 'where are the signs?'.
A poster for Lent Discussion Groups titled 'READING THE SIGNS'. It features a central image of Jesus on the cross. Text on the poster includes: 'Lent Discussion Groups', 'READING THE SIGNS', 'Join us as we search for the signs in John's gospel', 'Wednesdays 2.30-3.30 Saltney', 'Thursdays 1.00-2.00 Wesley', 'Feb: 18, 25', 'Feb: 19, 26', 'Mar: 4, 11, 18, 25', 'Mar: 5, 12, 19, 26', 'Thursdays on Zoom 7.30-9.00', 'All Are Welcome', and 'Contact office@wesleychester.co.uk for Zoom link'.

Saltney will host the meetings on Wednesday's, starting on **February 18th at 2.30pm** with an invitation to join them at 2pm for tea and coffee.

Wesley will be hosting the meetings on Thursday's starting on **February 19th at 1pm**, the cafe will be open until 2pm.

The online discussions will be held on Zoom, please contact the Wesley office for the link:

office@wesleychester.co.uk.

Everyone is welcome to join all of these discussions, we hope to see you there!



See you at our Lent Lunch?

This year we welcome you to join us for a simple lunch of soup, cheese and a little more ...

Weekly: 12 noon – 1.30pm

Monday 23rd February at **St Mary's Handbridge**

Monday 2nd March at **Wesley, St John Street**,
(catered by the Cathedral)

Monday 9th March at **Wesley, St John Street**,
(catered by St Werburgh's & City Road Presbyterian churches)

Friday 20th March at **Hoole URC, Hoole Road**

Donations to Christian Aid

FRODSHAM AREA

Lent Course Details

February 17th 7.30pm - Revd. David Copley (FMC)
February 24th 2.00pm - Deeper discussion (MS)
February 24th 7.30pm - Revd. Dr. David Leslie (FMC)
March 3rd 2.00pm - Deeper discussion (MS)
March 3rd 7.30pm – Revd. Dr. Tim Macquiban (FMC)
March 10th 2.00pm - Deeper discussion (MS)
March 10th 7.30pm – Paul Wintle (FMC)
March 17th 2.00pm – Deeper (MS)
March 17th 7.30pm – Patricia Barnard & Ruth Basden (FMC)
March 24th 2.00pm - Deeper discussion (MS)
March 24th 7.00pm – Holy Communion followed by Revd. Gordon Gresswell (St L)

KEY: FMC – Frodsham Methodist Church
MS – Main Street Community Church
St. L – St Laurence Church

These sessions are open to all, regardless of faith as we unpack the word Justice and how this is relevant to our current times. They will be held every Tuesday through Lent. Please feel free to 'dip-in' or come to all. This is your opportunity to learn and share with others in this wonderful community of Frodsham.

"Let Justice roll on like a river, righteousness like a never-failing stream"

Easter Praise

Monday 30th March 2pm

A Short Service with Traditional Hymns especially suitable for those living with Memory Loss/Dementia and their Carers

Followed by Refreshments and Chat in the Hall

All Welcome

Methodist Church Kingsley Road
Frodsham WA6 6BA

For more information contact
enquiries@frodshammethodist.org

Easter Soup and Pud Lunch



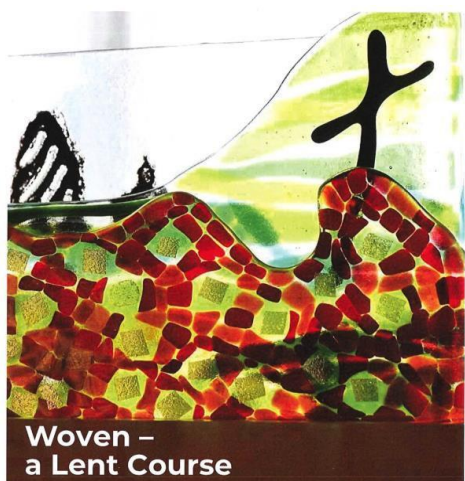
**Easter Get Together
with Quiz**

**Wednesday 25th March
12.30 - 2pm**

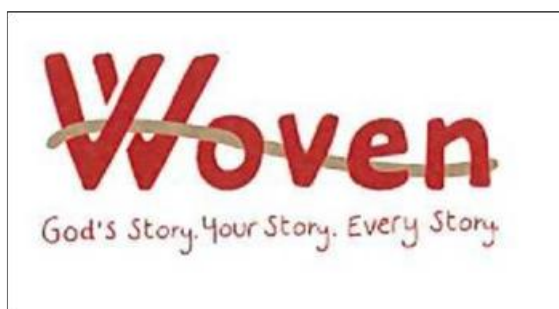
Please book a place via Valarie Ball
01928 735922 or ballvalmum@aol.com

Free - donations welcome

Frodsham Methodist Church
Kingsley Road Frodsham WA6 6BA



RUNCORN / HELSBY AREA



Mondays @ Runcorn, Wicksten Drive 1.30pm

Wednesdays @ Helsby MC 7.30pm

Week 1 - Into the Wilderness - Wednesday 18th February – Mon 23rd February

Week 2 - On the Mountain Top - Wednesday 25th February – Monday 2nd March

Week 3 - Turning the Tables - Wednesday 4th March – Monday 9th March

Week 4 - No Condemnation - Wednesday 11th March – Monday 16th March

Week 5 - A Grain of Wheat - Wednesday 18th March – Monday 23rd March

Week 6 - Passion: Anointing and Betrayal - Wednesday 25th March – Monday 30th March

We will be holding a 'Movie' Lent Course in **Hallwood Parish at Bethesda Church** on at 7.00pm on Wednesday evenings 25 February, 4, 11, 18, 25 March. Using the movie 'Prince of Egypt', we will reflect on how the Exodus story links with Easter / pilgrimage etc.

All are welcome to join us.

On **Maundy Thursday** (2 April) we invite people to join with us to remember Jesus' last meal and the Passover of the Jewish people, with songs from the movie, prayers and shared food.

HALLWOOD PARISH MOVIE LENT COURSE 2026

PRINCE OF EGYPT: KING OF LOVE. A JOURNEY INTO FREEDOM



Bethesda Church, Lapwing Grove,
Palacefields, Runcorn, 7pm
All welcome

Wed 25th Feb **"Deliver Us"** Slavery in Egypt. Jesus' trial. Persevering in times of hardship.

Wed 4th March **"All I ever wanted"**. Moses faces the truth. Jesus in the Garden. Making responsible decisions.

Wed 11th March **"Look at the World through Heaven's Eyes"**. Moses sees a different perspective, Jesus rests in Bethany. Finding meaning in community.

Wed 18th March **"Let my People Go!"** Moses gives an ultimatum. Jesus turns over the tables. Speaking truth to power.

Wed 25th March **"When you Believe"** The miracle of freedom. The women at the tomb. The promise of new life for those who walk the journey.

On **Maundy Thursday** (2nd April, 7pm) join us to remember Jesus' last meal, and the Passover of the Jewish people, with songs from the movie, prayers and shared food.

RURAL CHURCHES

LENT COURSES are being held at **Tarvin Methodist Church** and **The Hurst/Norley**.

The course starts on Monday 23 February 7.00 pm alternating between The Hurst and Norley, and on Tuesday, 24 February 1.45 pm at Tarvin Methodist Church.

The courses will be led by Revd Claire Rawlinson.



PANCAKES at TMC on Tuesday, 17 February from 2.00 pm – 4.00 pm. Come along and enjoy some freshly made pancakes with lots of toppings with a cup of tea or coffee. All donations will go towards the work of Tarvin Methodist Church

Pancake Tuesday

'POP in for a PANCAKE'

to Kelsall Methodist Church

on Shrove Tuesday February 17th

Anytime from 3.30pm - 5.30pm.

Happy Pancake Tuesday