

This leaflet contains ideas and opportunities for study guides and courses to follow this Lent. We hope they will resource and deepen your own prayer and reflection as we journey towards Holy Week and Easter.

DAILY DEVOTIONAL

"Reflections on the Water - Forty Days of Praying and Pondering through Lent"

In these reflections for Lent, Barbara Glasson leads us through 40 days focusing on the theme of water: its power, potential, terror and gentleness, providing a deep well of daily prayer and meditation. Barbara will be sharing Zoom worship at Wesley on **21st February** *(Methodist Book Centre* Tel: 01782 212146)



NORTH CHESHIRE METHODIST CIRCUIT

Revd David Bintliff & Deacon Tim Coleman will be facilitating two groups looking at the Methodist Way of Life via zoom sessions:

Wednesdays at 4pm & 8pm starting 17th February

Sessions will begin with worship, followed by a reflection given by one of the Circuit ministers leading into simple questions, group led discussion and a short time of prayer.

For Zoom invites please email Liz stating which session you would like to join at: ministersadmin@northcheshiremethodists.org.uk

Preparing the Way

a structure for introducing and engaging with a Methodist Way of Life both personally and locally.

Join Rev Jo Brown for four lunch time sessions that look at

- ⇒ Worship
- \Rightarrow Serving
- ⇒ Learning & Caring
- ⇒ Evangelism



FOREST CHURCH—SACRED SPACES

Sunday Morning Prayer at 8.30am Weekly readings through Lent.

Phone in to 0333 0164 757 Room 38989360# PIN 6392#

Feb 21st	Psalm 25: 1-10	Genesis 9: 8-17
Feb 28th	Psalm 22: 23-31	Genesis 17: 1-7, 15-16
Mar ⁊th	Psalm 19	Exodus 20: 1-17
Mar 14th	Psalm 107: 1-3, 17-22	Numbers 21: 4-9
Mar 21st	Psalm 51: 1-12	Jeremiah 31: 31-34
Mar 28th	Psalm 31: 9-16	Isaiah 50: 4-9a



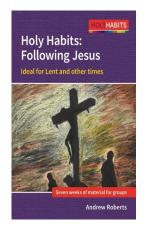
Joint URC/Methodist Lent Course 2021

HOLY HABITS: Following Jesus

Thursdays on ZOOM from 18th February

with a choice of times at either 10.30am or 7.30pm

Week 1: Jesus guided by scripture Week 2: Jesus serving with gladness Week 3: Jesus sharing bread Week 4: Jesus praying Week 5: Jesus making disciples Week 6: Jesus generous under pressure



It is not essential to have a copy of the book but please order your own copy if you would like one. <u>https://www.brfonline.org.uk/products/holy-habits-following-jesus</u>

If you would like to receive the ZOOM link please contact: Rev David Goodwin <u>david.goodwin@methodist.org.uk</u>



Methodist relief and development

ALL WE CAN LENT COURSE

All We Can is an international development and relief organisation focussed on the world's most marginalised communities.

This Lent you can either follow All We Can's 2021 daily devotional at home or with your whole church, to download or order a physical copy visit <u>Allwecan.org.uk/lent</u>

Every Wednesday evening at 8pm, during Lent

There is the opportunity to join a group of Christians who are inspired by All We Can's work and seeking to change, reflect and grow this Lent. Sign up at: www.allwecan.org.uk/event/lentgroup

EQUALITY, DIVERSITY AND INCLUSION CHESTER & STOKE DISTRICT LENT SESSIONS

'All are welcome' Thursday Evenings from 7:30 to 9:00pm

- 25 February: Scriptural Faithfulness
- 4 March: Physical and Mental Impairment
- 11 March: Economic Justice
- 18 March: Living with Difference

For the Zoom link, please email Rob at chester.stoke@btconnect.com oooOOOooo

ENGLESEA BROOK LENT SERIES

Jill Baker will lead their Lent studies on the theme of **'Choosing the Wilderness'.**

Starting on **Wednesday 17th February**, there will be 4 sessions on consecutive weeks, the final one on Wednesday 10th March.

Each one will begin at **10.30am**, and finish at 12 noon.

If you would like to receive a zoom invitation, please contact Ruth Hilton on engleseabrookproject@outlook.com.

All are welcome.

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Mindful Christianity in an age of uncertainty.

An online interactive weekly series of reflections led by author and minister Rev. Malcolm Lorimer via Zoom.

Begins Tursday 18th February at 6.45pm

- 18 February: What is Christian Mindfulness?
- 25 February: The Ministry of Jesus and Mindfulness
- 4 March: What the Beatitudes teach us about Mindfulness
- 11 March: The teaching of Jesus and what he said and practised
 - 18 March: Jesus in the wilderness—a time of lockdown
 - 25 March: Mindfulness in the last days of Jesus

For more details and to register contact Rev Malcolm Lorimer maxcricket@btinternet.com